

A woman with short blonde hair, wearing a white shirt and a red hat with a yellow pom-pom, is playing a saxophone. She is part of a marching band, with a drum set visible to her left. The background is a large, out-of-focus crowd of people. The entire image has a dark red overlay.

Rapsodia *Negra*

MOVEMENT, RHYTHM, AND REBELLION IN FLIGHT
CATERINA STEFANOFF



SYNOPSIS

Rapsodia Negra is a circus and live music performance that celebrates metamorphosis as a poetic act.

A one-woman band transforms and takes flight as a black crow, moving through humor, body, and emotion across the thin line between chaos and beauty.

WATCH VIDEO



DESCRIPTION

Rapsodia Negra is a circus and live music performance that explores the body and emotion as engines of transformation.

A fragile, transparent woman dares to orchestrate her own life and set her emotions to music.

Through gesture, humor, and the poetry of the body, she ventures to the edge of her deepest fears, balancing on the border of reason.

With boldness, she dives into the frantic dance of the pleasure of feeling – the authentic, unfeathered black crow she always dreamed of becoming.





TECHNICAL SHEET

- **Performer:** Caterina Stefanoff
- **Language:** Universal - Physical / Gestural
- **Audience:** All ages - Family-friendly
- **Duration:** 40 minutes

- **Stage space:**
 - Ideal: 5m x 5m x 5m
 - Minimum: 4m x 4m x 4m
 - Preferably flat ground, without slopes or cobblestones

- **Sound:**
 - Mini-jack input to play music from the stage
 - XLR input for headset microphone
 - The microphone and music player are provided by the company
 - If the festival cannot provide sound equipment, the show can be performed autonomously

- **Lighting:** Adapts to existing outdoor lighting. If performed at night, the company does not provide its own lights.

BIOGRAPHY

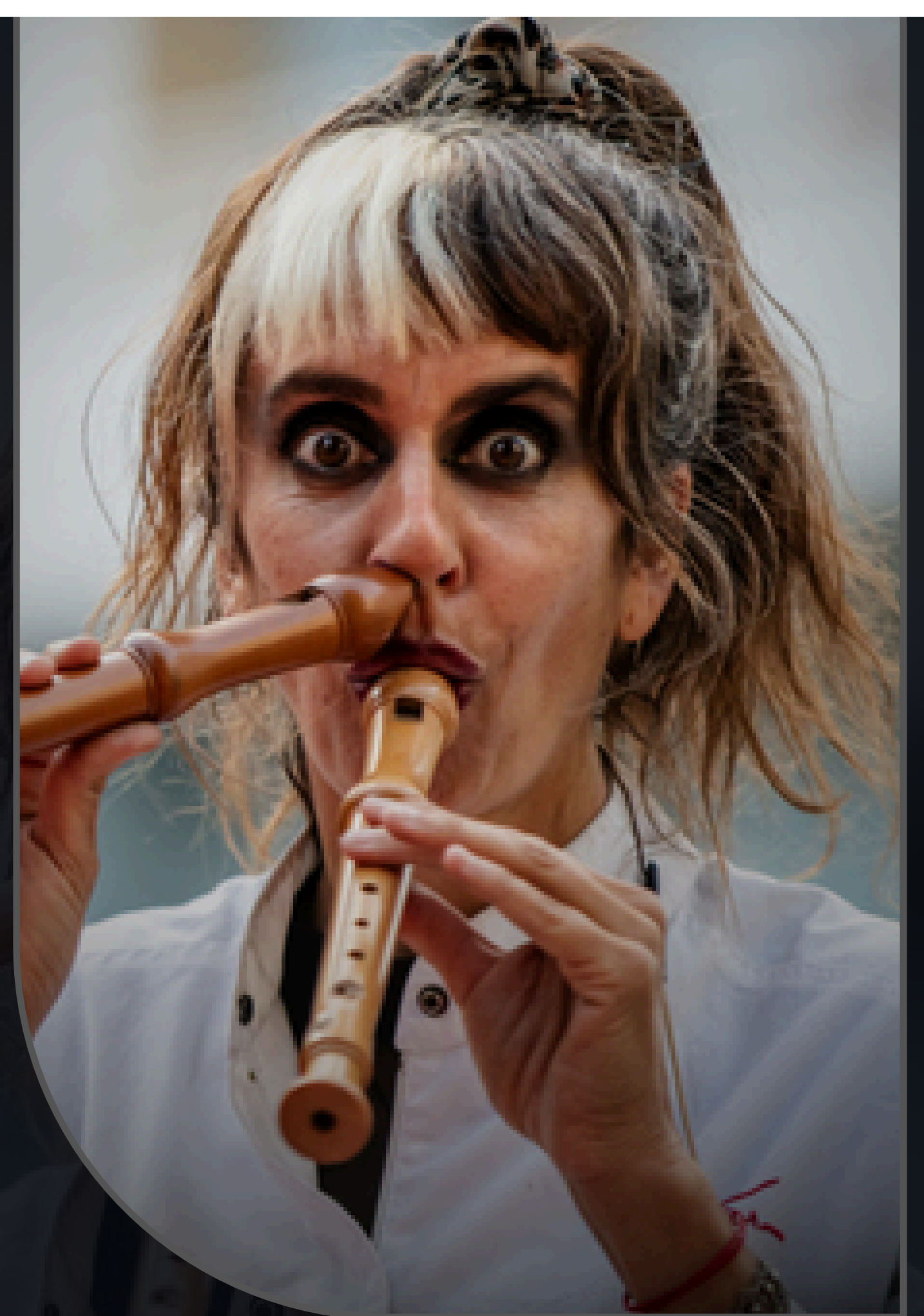
Caterina Stefanoff is a circus artist and therapeutic companion.

With over fifteen years of experience in the performing arts, she defines herself as a clown, acrobat, balancer, one-woman band, and voice-over artist.

In her creations, improvisation and humor intertwine with a strong poetic and expressive imprint. Her training combines various disciplines: clown, bouffon, dance, music, and theater, guided by renowned teachers.

She is a founding member of the **Latin Duo Company**, and through this ensemble as well as her solo projects, she has performed at numerous festivals and stages across Latin America, Mexico, and Europe.

In 2025, her show **Rapsodia Negra** was awarded the **Jury Prize** at the **Gauklerfestival Attendorn** (Germany), recognizing the originality of her artistic language and the strength of her stage presence.



FESTIVALS



Keidagen Lochem - Países Bajos



Paulusfeesten Oostende - Bélgica



Festival Saint Paul, Sarreguemines - Francia



Pflasterspektakel Linz- Austria



Gauklerfestival Attendorn - Alemania



KleinkunstPreis



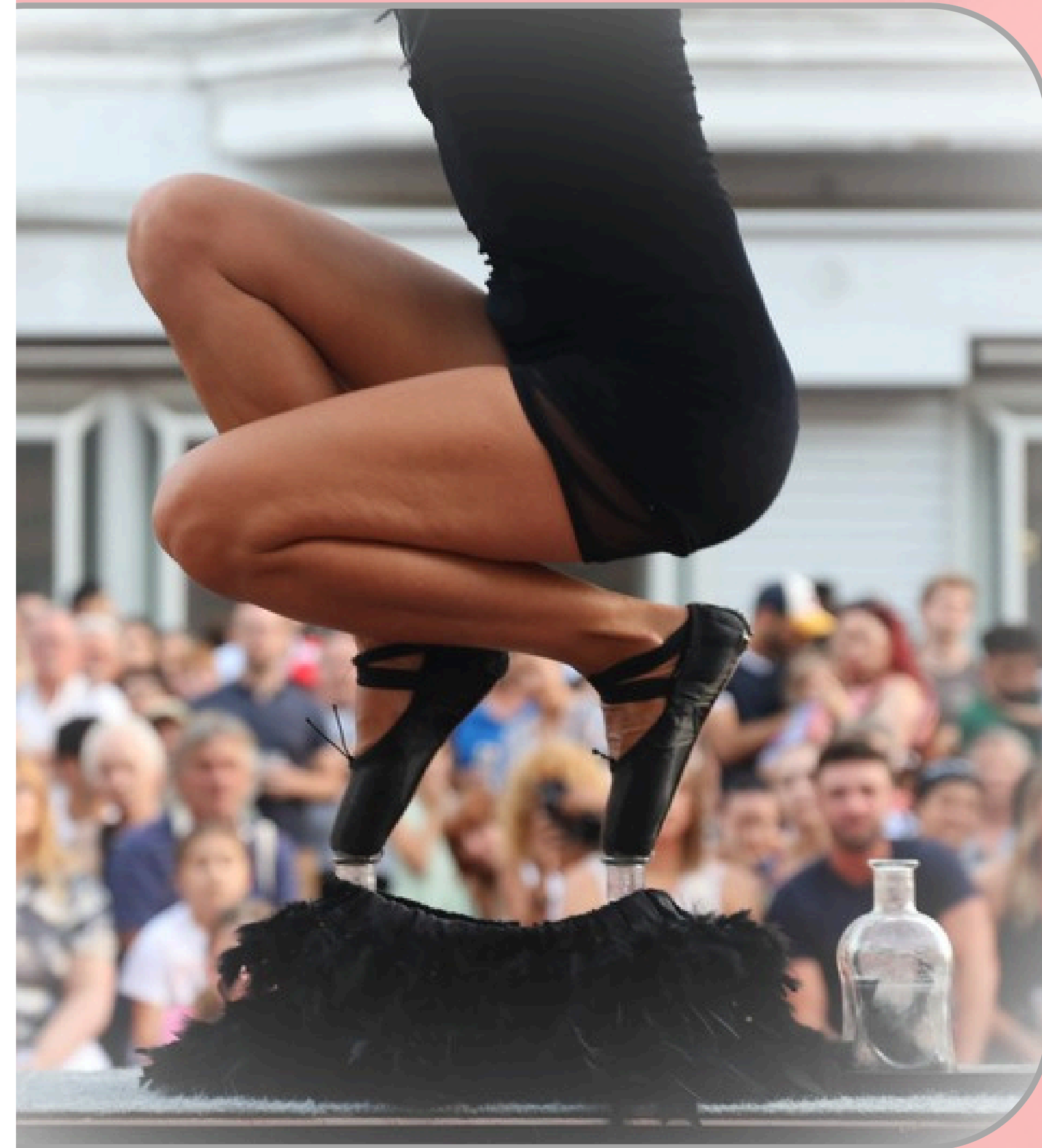
La Luna nel Pozzo - Italia



Kleinkunst StädtliFest Weesen - Suiza



Trotoart Festival - Bosnia y Herzegovina



Rapsodia *Negra*

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